

**Subject:-**

**Health & Social Care**

**Teachers in this department: - Mrs Durrani**

**Exam Board :- Cambridge National**



## Overview

**Cambridge Nationals are vocational qualifications at Level 1/2 for students aged 14–16.**

**The qualifications are recognised by Ofqual, DfE and by 16-19 providers as progression to A Level, further education or onto an apprenticeship or work.**

**This qualification introduces students to the biggest employment sector in the UK, which includes elements of the NHS, local authority adult and child care services as well as a range of independent providers which provide care in a variety of settings.**

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## KS4 Topics

<b>Essential values of care exam unit-</b>	<b>Communicating and working with individuals in health, social care and early years settings coursework unit-</b>	<b>To understand the nutrients needed for good health-coursework unit</b>	<b>Creative activities to support individuals in health, social care and early years settings-coursework unit</b>
<p>This unit introduces students to these core values and the rights of individuals accessing health and social care services. It also introduces some of the legislation that students should be aware of and ways in which individuals that use services are protected.</p>	<p>This unit is assessed through an assignment in which students must not only explain communication techniques to others, but demonstrate these in action.</p>	<p>In this unit students will find out about the dietary needs of individuals in different life stages and how to meet the needs of different conditions, including the function that nutrients play. They will also learn about other factors that influence diet such as income, lifestyle or religion and understand the importance of hygiene in food preparation.</p>	<p>In this unit students will understand how participating in different creative activities can benefit individuals.</p> <p>As part of the OCR-set assignment students will learn how to plan and carry out and evaluate appropriate activities.</p>

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## **KS5 Overview**

**This course will provide learners with the skills, knowledge and understanding that will allow them to progress onto Higher Education on a health and social care-related programme such as Health and Social Care, Nursing, Social Work or Early Childhood Studies. Learners will learn by applying their skills, knowledge and understanding to tasks or activities that are relevant to what happens in health, social care and child care workplaces.**

**Candidates can either take an extended certificate in health and social care which is a 1 A-level equivalent or the Diploma which is the A-level equivalent.**

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## **KS5 Overview**

### **The Extended Certificate**

**(equivalent to one A Level; approx. 60% exam, 40% coursework)**

**Over the two years' students will study the following mandatory units:**

- **Building positive relationships for health and social care**
- **Equality, diversity and rights for health and social care**
- **Health, safety and security for health and social care**
- **Anatomy and physiology for health and social care\***

**This challenging unit is specifically designed to prepare aspiring nurses, paramedics and other clinicians for the demands of degree level health courses.**

**Students will also study two optional units in-**

- **Nutrition for health**
- **Infection control**

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## KS5 Overview

### The Diploma

(equivalent to two A Levels; approx. 46% exam, 54% coursework). Over the two years' students will study the six units above in addition to the following mandatory units:

- Personalisation and a person centred approach
- Safeguarding

Diploma students will also study four additional portfolio units which are likely to be taken from the following options:

- Creativity and activity for children and young people OR for adults
- Sexual health, reproduction and early development stages
- Promoting positive health and wellbeing
- The impact of long term physiological conditions